

SCHOOL MENTAL HEALTH TRAINING TOPICS

- I. Addressing Barriers to Learning: A Comprehensive Approach to School Mental Health
This is the module which will focus on the systems approach, emphasizing:
 1. The need for a comprehensive, integrated approach
 2. Communication among different school professionals
 3. Connection with families
 4. Connection with community services
- II. Addressing Barriers to Learning through Communication
Communication skills among students, between students and school personnel, among school personnel, and between families and school personnel will be emphasized.
- III. Addressing Barriers to Learning through Positive Behavioral Intervention
The focus will be on a basic understanding of behavior, dealing with difficult behaviors, and changing behaviors in the classroom setting.
- IV. Addressing Youth Risk and Resiliency Factors, Crisis Intervention and Follow-up Support
- V. Addressing Adolescent Depression and Suicide
- VI. Addressing the Needs of Students with ADHD and Conduct Disorders
- VII. Addressing the Needs of Students with Anxiety Disorders, Obsessive-Compulsive Disorder and Bipolar Disorder
- VIII. Addressing Emotional Trauma in Students: Bullying and Harassment; Neglect and Abuse
- IX. Addressing Adolescent Substance Abuse
- X. Toward a Comprehensive Approach to School Mental Health: Making the Change
- XI. Addressing Barriers to Learning: Training Others
This module is for those who have interest in teaching others about school mental health topics. Use of the curriculum, adult education strategies and optional approaches will be discussed.
- XII. Addressing the Needs of Students with Eating Disorder
- XIII. Addressing the Emotional Needs in Adolescent Pregnancy and HIV/AIDS
- XIV. Addressing Diversity in School Mental Health
- XV. Collaboration in School Mental Health: A Common Sense Approach

Each module will be presented in a 5½ -hour workshop. The following continuing education credit is usually available:

Continuing Nursing Education (CNE): 2.0 credit hours

National Board for Certified Counselors Credit (NBCC): 2.0 credit hours

Substance Abuse Counselor Certification (NCSAPCB): 2.0 General Skill Building Hours

Public School Personnel: 2.0 credit hours (subject to approval by your LEA)

Continuing Education Credit: 2.0 hours.

To receive a Certificate in School Mental Health, a person must complete Modules I, II, III and IV. Two additional modules from the remaining xx are required, for a total of 6 modules.